

North Gosford Learning Centre

Term 4

December 2020

Principal's News

Welcome to the Term 4, 2020 Newsletter.

Thank you to students, parents and staff for responding so well to the changes necessary during this terrible pandemic. We are lucky to live in a country where our leaders and health system are up to the challenges of managing this virus.

It's not just grown-ups worrying about the Coronavirus and the changes happening day by day. As parents and teachers it is important we listen to the questions from children and we offer clear and honest answers. It's also OK to admit we don't know the answers. There are many very helpful websites available such as The Black Dog Institute and Beyond Blue to assist in information on how to talk to children on this topic. Remember, our children will be picking up information from their peers, the media, and what they are observing in the streets and shops. It is our role as parents and teachers to make sure we don't unnecessarily add to their anxiety and tailor information to their age so we can be sure they have understood and are reassured.

Our staff have done their very best to ensure students access the best learning opportunities available throughout the year. Despite the challenges I feel very proud of everyone's efforts to ensure our students are accessing meaningful and engaging programs wherever possible.

At NGLC we are committed to providing the best program possible for your children. As 2020 comes to an end we are already busily planning for 2021 with new buildings, classes, students and staff all part of a hectic mix of factors to be considered.

Unfortunately, due to space limitations and health guidelines we will be holding a special assembly for students and staff only this year. We will do everything possible to record every award and provide photos and certificates to parents and family.

I encourage everyone to stay safe and continue to follow NSW Health advice. Have a fantastic Christmas period appreciating our wonderful part of the world. Please don't hesitate to contact the school with any concerns or need for support. As always, we will do our very best to respond to the best of our capability.

Daniel Hayes
Principal

Dates to remember:

Last Day of Term 4 is Wednesday 16th December 2020.

School Development Day (SDD) Information

NGLC will not be operational on Term 4 School Development Days: **Thursday 17th & Friday 18th December, 2020.**

2021 SDD - Staff return to school Wednesday January 27th and Thursday 28th January 2021.

Students return Friday 29th January, 2021



Volunteering Central Coast

Beau Barton was a student at NGLC for 2 years.

Congratulations Beau !!



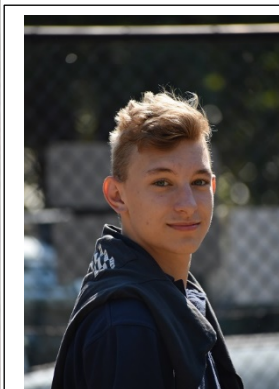
Exceptional volunteers honoured in new portrait exhibition

Volunteering Central Coast (VCC) has launched a new portrait exhibition to honour exceptional local volunteers, past and present.

Opening on October 30, the exhibition features professional photographs of VCC's 2020 National Volunteer Week Award winners, as well as some from previous years, and is VCC's Covid-safe alternative to its usual award presentation ceremony and volunteering expo, which both had to be scrapped due to the pandemic.

VCC Executive Officer, Fiona Morrison, said the exhibition was the organisation's way of ensuring that this year's awardees received the recognition that they truly deserved whilst also putting the spotlight on the Coast's legacy of volunteers.

"The Volunteering Central Coast National Volunteer Week Awards Exhibition is our way of acknowledging people who are so generous with their time, skills and hearts and are committed to making their communities a marvellous place to live.



Beau Barton was named Young Volunteer of the Year.

Barton was a student at the North Gosford Learning Centre and participated in the VCC's Young People Connecting Communities partnership program that supports young people to gain a pathway to employment and workplace skills through volunteering.

Barton volunteered for Evergreen Aged Care West Gosford for the six months and earned his award for the valuable contribution he made to residents' wellbeing.



Barista Program

Over the year students have done a fantastic job to develop their work ready skills through the North Gosford Learning Centre Barista Program. Whilst working on customer service and technical skills the students have also been productive in suggesting ways to further develop the program such as new supplies and equipment, in addition to an Ipad application now used to collect orders. Students are currently working through their practical assessment and we look forward to presenting our hard workers with an official certificate at the end of the year.



Class One

Class one has been making excellent progress this semester with all students making improvements on their ACER assessments. These improvements are well deserved as class one has worked hard and put in a tremendous amount of effort in their academic work. As a class, we have enjoyed experimenting with the Virtual Reality kits the school has been given over the past two terms. Class one has thoroughly enjoyed the return of fun Friday with Mrs Lott and Kathy where students have made Tye Dye shirts and socks and created a mess when making slime and playdoh.



Archery Tag

In term three many of the students made the archery tag reward activity. It was so pleasing to see so many of the students meet their goals at school and participate in archery tag. The day was a lot of fun and was thoroughly enjoyed by all. The students showed plenty of enthusiasm throughout the day especially when they had the opportunity to hit staff with the arrow.



NAIDOC Week

During NAIDOC week this term students were involved in some engaging learning activities including a BBQ lunch. Students were invited to sample some traditional meats including kangaroo, emu and crocodile, as well as a desert of wattle seed ice cream. NGLC would like to thank Bruce for his knowledge, expertise and for organising the traditional foods.



Surf Survival

Term 4 brings warmer weather, patrolled beaches and the opportunity for us to run our Surf Survival Programs. It has been fantastic to see the majority of students across the school engage in the program each week. Students have been doing a great job of identifying potential hazards at the beach, learning rescue techniques and improving their surf awareness and swimming skills for the beach. Some students have also taken the opportunity to try and surf on our school bodyboards and soft surfboards.



Music

Music on Mondays have continued to be a highly engaging and sought-after program. Students are learning and playing a range of instruments including piano, guitar, bass, drums and electronic mediums. We are beginning to have a large assortment of musicians whose skills and confidence continue to build. Keep it up everyone!



Class Two

What has class 2 been up to by Jack Fertykowski

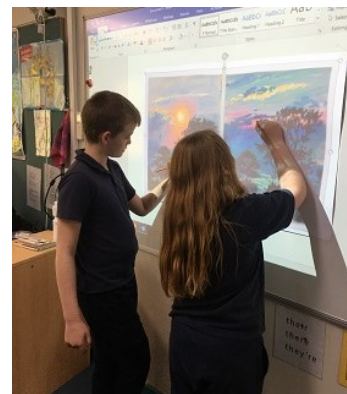
Cooking- this year in cooking we cooked a variety of different foods e.g. pasta, noodles, cupcakes and cake and have learnt to create dishes out of mystery ingredients.

Genius hour- we had a project of personal interest that we would choose e.g. spider robot, art, music, science, CODING or sculpture and were able to work on this during the week.

Cooking Collective- the Cooking Collective visited us at school this year and we learnt about eating healthy and staying fit while we were cooking.

Surf Survival- we got to go to the beach and learn about rips and hazards in the water and out and then got to go swimming after, it helps us be safe and become stronger swimmers. We visit a lot of different beaches on the coast.

Art projects- we have spent time this year learning to use posca pens and working on large pieces. We tried the styles such as Pop Art and did sketches of things we wanted to do such as Mona Lisa zombie pop art, gundams, dragons, Egyptian and Japanese style works in pen, pencil and Posca.



Class Five

Students from Class 5 have been completing their individualised programs through Sydney Distance Education High School (SDEHS) to achieve their ROSA. Students have been completing work online, participating in web and phone lessons with their SDEHS teachers supported by staff at NGLC. In English, students have been studying 'Digital and Multimodal Texts' and recently conducted a survey of staff and students to investigate 'How the Digital Era has Changed the World'. Students successfully presented their research findings in an informative and entertaining Ted Talk.



The NGLC Senior Program focuses on building young people's skills, confidence and readiness to enter employment, or a suitable education setting for senior years. Students have been engaging in activities and programs which help develop practical skills to get a job, connecting with relevant local community services and participating in work experience and community volunteer programs. We have had great success with the program and students have shown maturity and commitment.

Our year 10 students are in their final weeks of schooling at NGLC. Students have been busy finalising assessments while engaging in activities to ensure they have a smooth transition to the next phase of their education or vocation. A number of students have enrolled to complete year 11 and 12, other senior students are linking in with the Transition to Work Program, while one of our year 10 students has successfully secured an Apprenticeship.

Well done year 10! NGLC staff and students wish you all the best in your future education and careers.



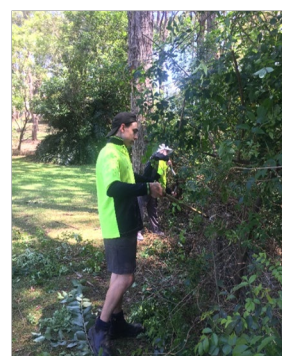
Careers - Future Education and Employment

What is transition to work Program?

Transition to Work is an employment service to support young people aged 15-24 on their journey to employment. The service provides intensive, pre-employment support to improve the work-readiness of young people and help them into work (including apprenticeships and traineeships) or education. For more information head to www.employment.gov.au/transition-work

Apprenticeships and Traineeships

Apprenticeships and traineeships are available to anyone of working age, and do not require any entry qualifications. Apprentices and trainees can be school-leavers, people re-entering the workforce or workers simply wishing to change careers. Apprenticeships generally last four years and cover traditional trade areas such as building and construction, electrical, hairdressing, hospitality, the automotive industry, engineering and manufacturing, they involve attending TAFE and on the job training. Traineeship vocations are available to provide employment and training opportunities in virtually all industries including multimedia, information technology, sport and recreation, hospitality, retail and agriculture.



Farewell Lola

We had to say farewell to a loving dog this term.

She is at another school

We will miss you Lola

From Jack



- She would calm you down
- She would make you smile
- She was a loving dog
- Farewell Lola

Mr Nicol and his lovely family are the main carers for Lola. Congratulations go to Mr Nicol for his successful application for the Head Teacher position at another Department of Education High School. We are sure they will all enjoy and value Lola as much as we have.

Hopefully, Lola will be able to visit our school occasionally for a well deserved pat from all of us.

Be Covid Safe

As we come closer to the end of the school year, we'd like to extend our thanks to you, our parent community, for demonstrating so much resilience and patience towards the circumstances we faced together. We strived together to get the best outcomes for our students despite the pandemic and you have stayed by our side the entire time. Thank you again.

We will be sending a COVID-safe summer pack to each student before the year ends. The contents of the pack will help students maintain healthy hygiene practices and to stay COVID-safe during the school holidays.

Here are some quick tips to help you and your families stay COVID-safe during the school holidays:

- Encourage your children to use their packs whenever they leave the house
- Meet outdoors whenever possible and wear sunscreen
- Meet in small groups
- Encourage good hand hygiene practices and remind your children to cough and sneeze into their elbow
- Keep up-to-date with the latest health information by monitoring the NSW Government website [External link](#)

From all of us at North Gosford Learning Centre, be safe and enjoy the school holidays.



Lola**Gardening****PCYC****Surf Survival****Cooking**



Walking and cycling are great ways to get exercise but it's important we keep ourselves and others as safe as possible. Here are some tips to help keep you safe.

WALKING

- Take your time and plan your walk – you're more likely to slip or trip if you're rushed.
- Wear safe shoes with slip resistant soles.
- Wear bright colours to increase your visibility, especially at dawn or dusk.
- Ensure you wear your hearing aid or glasses.
- Use the footpaths and shared pathways when available.
- Be aware of children, joggers, cyclists and animals.
- When you're on a shared pathway, keep to the left to allow room for cyclists to pass.
- Listen out for nearby cyclists who are encouraged to ring their bell or horn to warn pedestrians that they're about to pass.
- If you stop to talk with someone, if possible move off the shared pathway or footpath, or to the far left of the path.
- When crossing the road, take the safest, shortest and most direct route.
- Use pedestrian crossings or traffic lights. If there aren't any, look for the safest place to cross.
- Wait for vehicles to stop completely before stepping off a kerb.
- Check for turning vehicles and cyclists at intersections before crossing.
- Never assume a driver can see you – their vision may be affected by poor light, sunlight or parked cars.
- If you're a bit unsteady, use handrails on stairs or ramps.

WALKING WITH A DOG

- Keep dogs on short leads and under control at all times.

CYCLING

- By law, you must wear an Australian and New Zealand approved helmet. Make sure the straps on your helmet are not twisted and it fits securely around your ears and under your chin.

- Wear brightly coloured clothing so you're easily seen by others.
- Your bike must have a working brake, bell or horn and a rear reflector. If used at night, it must also have a front white light and a rear red light.
- Check your bike every ride: (A) Air in tyres (B) Brakes are working (C) Chain intact.
- Travel at a speed that is safe for you and the pedestrians you encounter.
- Always be in control of your bike and ride in a predictable manner so that others do not have to react suddenly to your movements.
- When riding on shared pathways, keep to the left. If you're planning to pass someone, slow down and use your bell or horn to let them know you're close by and pass carefully on their right side.
- Allow pedestrians one metre of space on shared paths when passing, where possible.
- Children should be closely supervised and should not ride near busy roads.
- Obey all road rules, including traffic lights, 'Stop' and 'Give Way' signs.
- Use hand signals when changing lanes or turning left or right.
- Stay a 'car door width' away from parked vehicles.
- Riding on footpaths is not permitted. Exceptions to this rule are children under 16 years and supervising adult(s), who may ride on the footpath unless signs state otherwise. Children 16 years and older may also ride on the footpath when with an adult accompanying a child/children who are under 16 years.

For more information, go to: transport.nsw.gov.au

November 2020

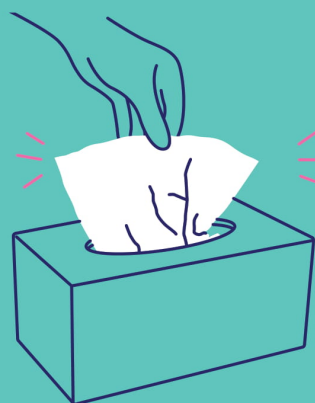
**Coronavirus
(COVID-19)**

SIMPLE STEPS TO HELP STOP THE SPREAD.

**Cough or sneeze
into your arm**



Use a tissue



Bin the tissue



Wash your hands



**HELP
STOP
THE
SPREAD**
AND STAY HEALTHY

**TOGETHER WE CAN HELP STOP
THE SPREAD AND STAY HEALTHY.**

For more information about **Coronavirus
(COVID-19)** visit **health.gov.au**



Australian Government

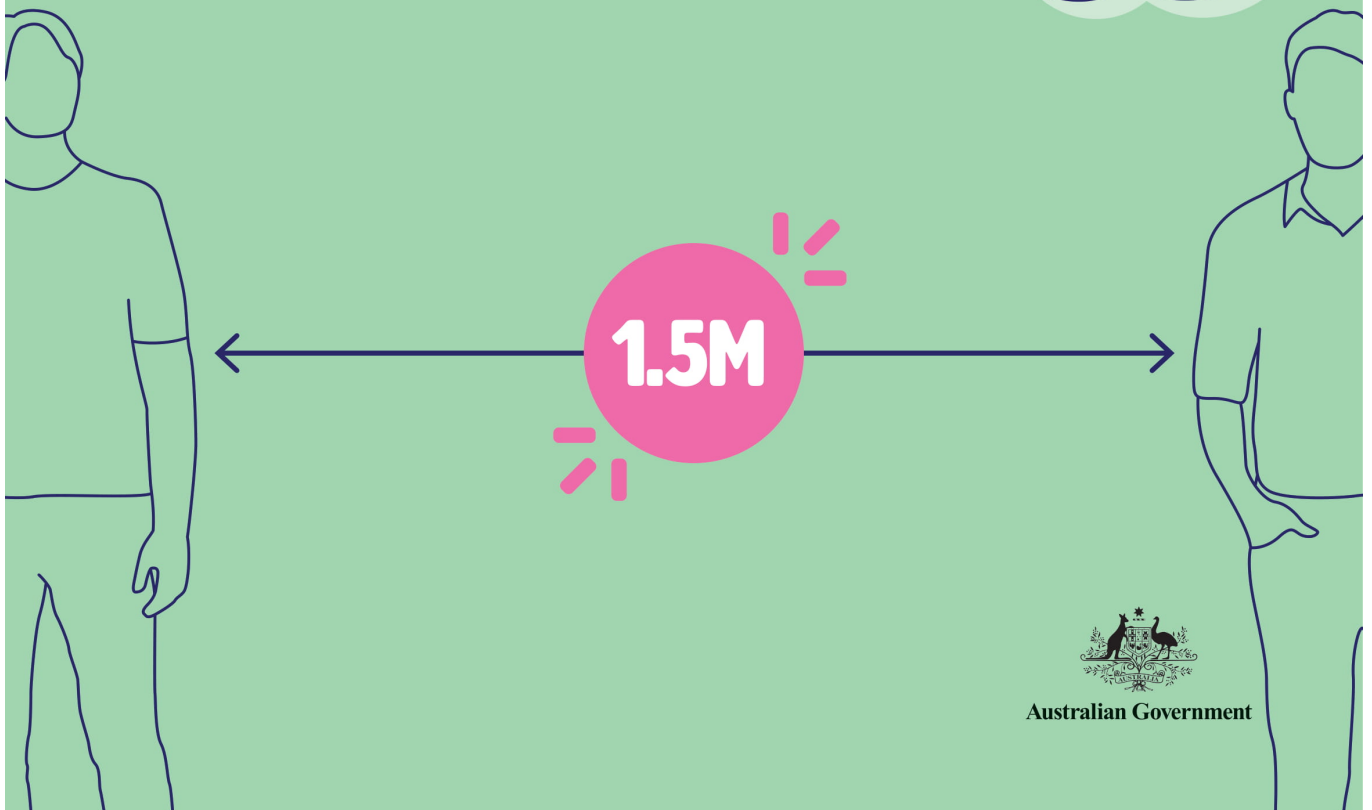
**Coronavirus
(COVID-19)**

KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance.
Remember, don't shake hands or exchange physical greetings.
Wherever possible stay 1.5 metres apart and practise good
hand hygiene, especially after being in public places.

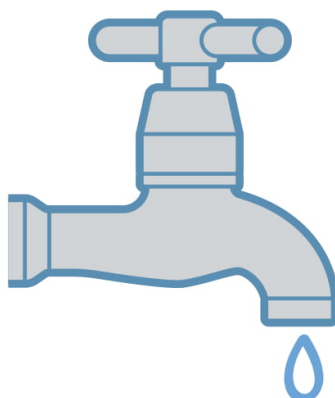
TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)**
will change regularly. Keep up to date.
Visit **health.gov.au**

**Australian Government**

www.health.nsw.gov.au

Practice simple hygiene by washing hands regularly

**1 Wet hands****2 Apply soap****3 Lather & scrub****4 Rinse hands****5 Turn off tap****6 Dry hands****Spend 20 seconds washing your hands.**

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